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The Gift Of Therapy - Primary Goals

The Gift Of Therapy: An open letter to a new generation of therapists and their patients: Reflections on Being a Therapist

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Summary. Anyone interested in psychotherapy or personal growth will rejoice at the publication of The Gift of Therapy, a masterwork from one of the most accomplished psychological thinkers of our day. As an award-winning author of both nonfiction and fiction and a psychiatrist in practice for 35 years, Yalom imparts his unique wisdom in this remarkable guidebook for successful therapy.

Gift of Therapy — Irvin D. Yalom, MD

The Gift of Therapy has 85 short chapters, each offering a suggestion or tip for therapy. The first three chapters are reproduced here. Remove the Obstacles to Growth When I was finding my way as a young psychotherapy student, the most useful book I read was Karen Horney's Neurosis and Human Growth.

Irvin Yalom Gift of Therapy Excerpt - Psychotherapy.net

The Gift of Therapy is primarily a book targeting therapists: especially those who already know something about Yalom and existential therapy and are familiar with the theoretical aspects of the practice.

The Gift of Therapy PDF Summary - Irvin D. Yalom | 12min Blog

The culmination of master psychiatrist Dr. Irvin D. Yalom's more than thirty-five years in clinical practice, The Gift of Therapy is a remarkable and essential guidebook that illustrates through real case studies how patients and therapists alike can get the most out of therapy.

The Gift of Therapy: Irvin Yalom: 9780061719615

The Gift: It is a space for the ones that need to be listened to and cared for. We seek to give new airs and encouragement, with a focus on a holistic renewal.

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The Gift of Therapy - HarperCollins

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